SHARE THE GOOD

Share the positive stories, learnings, meaningful progress, results and successes. Remember to focus on the positive things in your workplace. When you see/hear something good share it – big or small. Take a moment to recognize (and maybe even celebrate) the good story – and remember to be as specific as possible. Do it when you reach a goal, saved money, learned something new, helped a client, ended a project on time, saw great teamwork etc.

Gather people and tell them what you are proud of, share it in a meeting*, in a newsletter or in an email. It is very powerful to share with your employees what makes you happy. Tell them about the specific situation, who was involved, how did it make you feel and why you think it made you happy.

You could also make it a monthly thing where everyone contributes. One person collects the good stories and every month one story will be shared with everyone. Create some kind of a visual board where you share the stories (in a place visible for as many people as possible, maybe even for clients/patients).

Appreciative Inquiry (AI) was developed by David Cooperrider and his colleagues, to bring about positive change in organizations and individuals. If you want to create an organization that is not only successful but also grows, you can benefit from AI. Appreciate means to value something and to increase in value. When you appreciate something it increases = enables growth. Learn from the great experiences of the past, be inspired in the present and create a better future.

How?
- Write it in a newsletter or email.
- Share it with your team or in an all hands meeting.
- Ask for great stories to share and you'll empower your employees to be proud of their job.
- Visualize it on a board in your workplace or online platform.

* Why not start the next meeting by sharing a great result since the last meeting? Scientific tests shows that if a meeting starts with something positive the meeting will in general:
- be more positive all the way to the end
- make it easier for participants to agree
- make the meetings shorter

You can make a list of all the positive stories you want to share and check the story when done.

YOUR POSITIVE STORY	CHECK WHEN SHARED