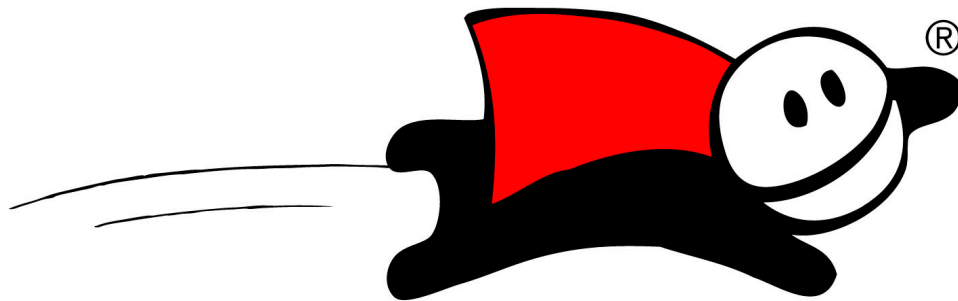


# Camilla Kring

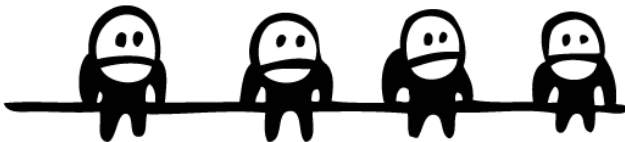
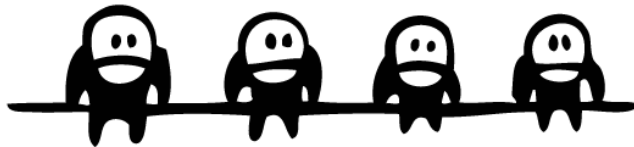
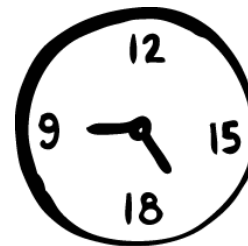
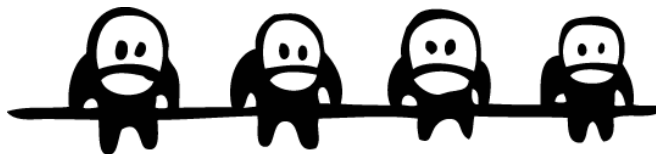




**Camilla Kring**

Founder, Super Navigators

"the only thing more difficult than starting something new in an organization is stopping something old." russell l. ackoff. F-laws.



industrial society

one family form

one work form

one work rhythm

one work place

today's society

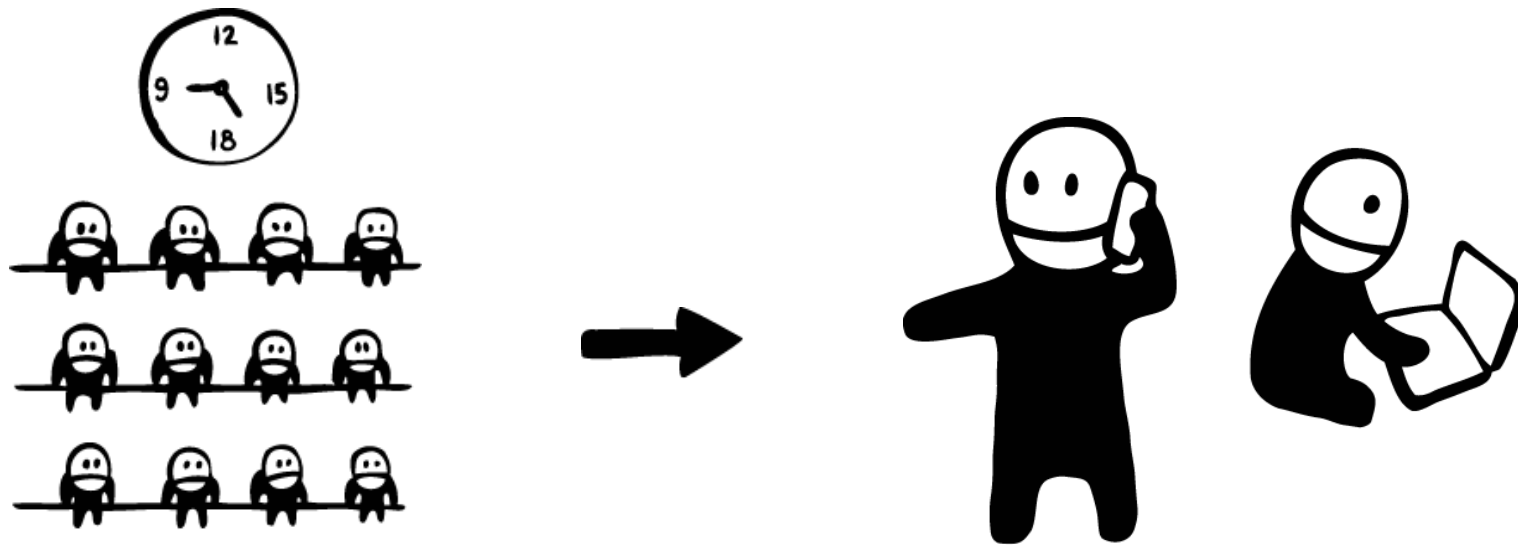
many family forms

many work forms

many work rhythms

many different work places

# Set people free from 9 to 5

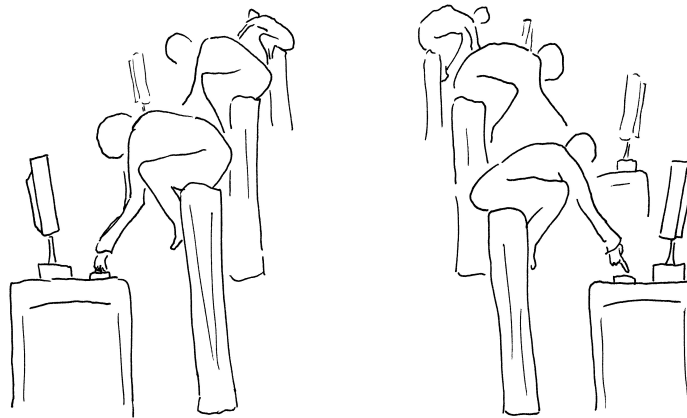


# Examples of industrial work culture



Too busy

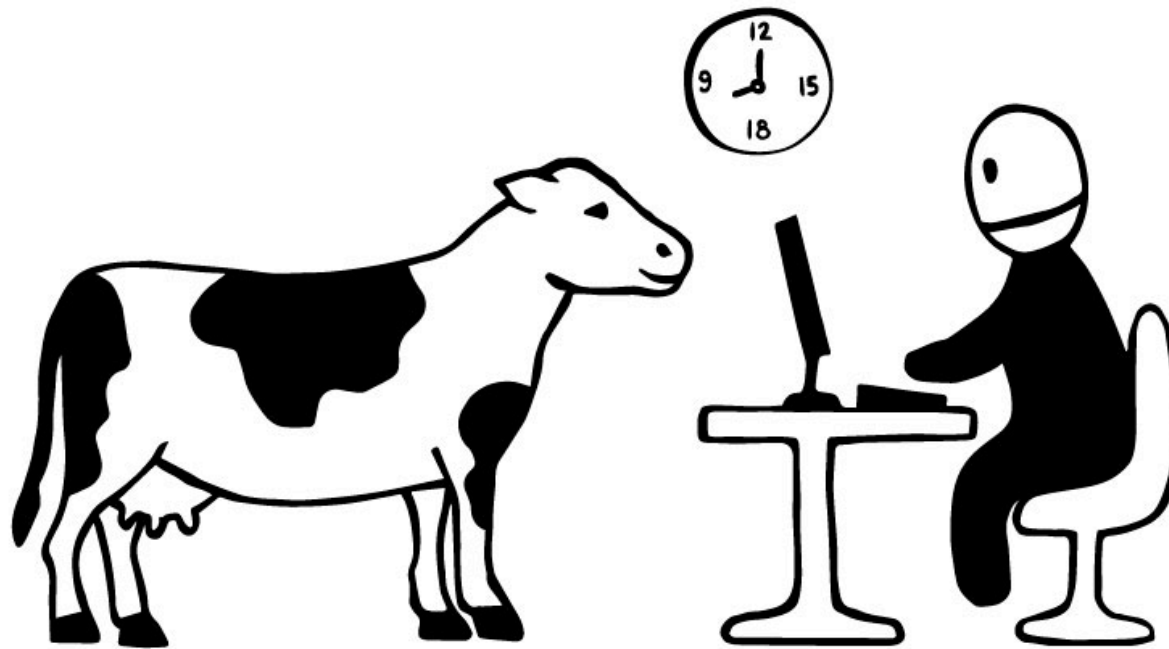
© super navigators aps



Pole-sitting

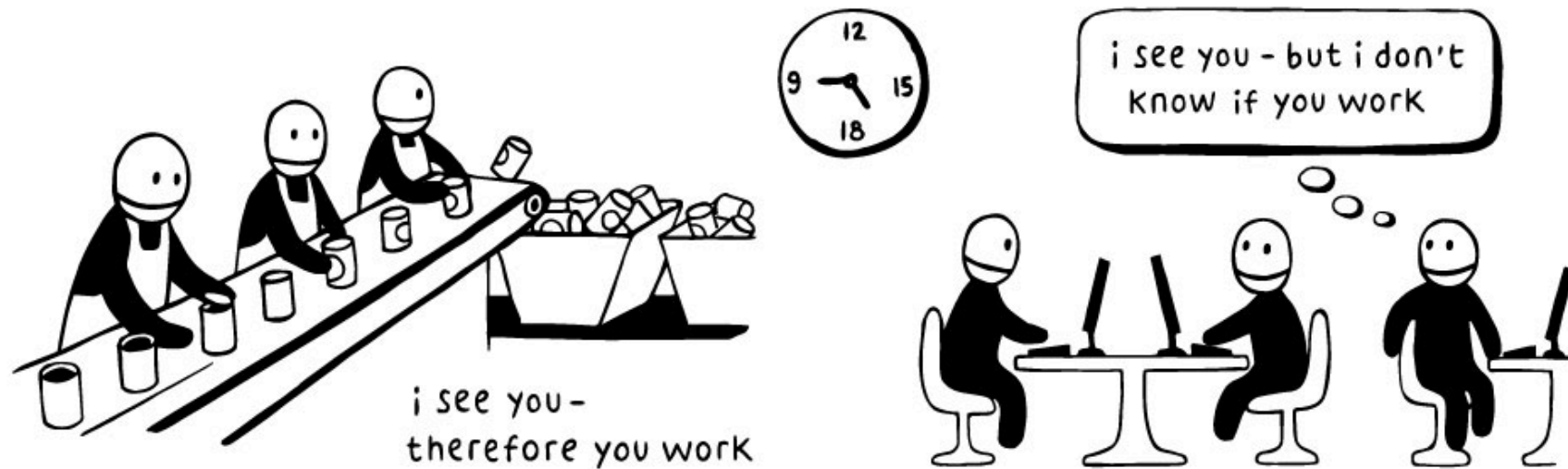


Oh, are you joining us today?



our culture is still deeply rooted in agrarian culture,  
but you are not a farmer anymore. you don't have to  
be in the office early in the morning.

# From visible to invisible work





# industrial society

- 80 % of a company's value is material.
- Collective work design
- Clock time – sell your hours



© super navigators aps

# today's society

- 80 % of a company's value is immaterial.
- Individual life design
- Choose times & spaces where you work best



# FREE

# A toolbox to improve your Work-Life Balance



**OVERVIEW**



**FOCUS**



**RHYTHM**



**CALMNESS**



OVERVIEW



FOCUS



RHYTHM



CALMNESS



SUPER  
NAVIGATOR

individual	168				
organi- sation	overview of tasks	not to do	at what times are you most productive? 	where do you find space for calmness? 	

# Life Navigation app

